

**SPORTS & ADVENTURE (INDIVIDUAL)  
MR KHOO SWEE CHIOW**



*"Dare to dream, dare to make it happen. Failure is nothing but a setback."*

A name that is synonymous with adventure, Mr Khoo Swee Chiow has proudly bear the Singapore flag to some of the most hostile destinations in the world. He first gained recognition as a member of the first Singapore Mount Everest Expedition that was awarded the Singapore Youth Award and the Excellence for Singapore Award in 1998. Since then, there has been no stopping of his quest to scale greater heights. In 1999, Mr Khoo led the first ever Singapore Antarctica Expedition, reaching the South Pole on the eve of the new millennium.



**Dare To Dream, Never Say Die**

- Made history by becoming the first Southeast Asian to scale the Seven Summits across seven continents in 2000

- Climbed Xixabangma in 2001 - the first in the region to climb 8,000 metres without oxygen.
- Successfully traversed 771km in 45 days to reach the North Pole in May 2002.
- The fourth person in the world to have completed the Adventure Grand Slam - scaling the seven summits and reaching the North and South Poles.



### **The Legend And The Man**

Mr Khoo's strength of character is not only revealed when he is negotiating the world's toughest terrain, but also in his contribution to society. He has inspired youths by assisting them and even personally leading them on adventure trips. He regularly gives motivational talks to schools, corporations and non-profit organisations.



Drawing upon his fame as an adventurer, he has also helped raised substantial funds for intellectually disabled children, tetraplegics, Action for Aids and other charity organisations.