

**SINGAPORE YOUTH AWARDS 2005**  
**MEDAL OF COMMENDATION**

**SPORTS AND ADVENTURE (INDIVIDUAL)**

**MR SHEIK ALAU'DDIN YACOOB MARICAN, PBM**



*“Express your beliefs into action.”*

A two-time world Silat champion, Mr Sheik Alau'ddin Yacoob Marican, PBM was conferred the Singapore Youth Award in 1997. Dubbed “Singapore’s Silat King”, Sheik retired from competition after the 1999 SEA Games and is now a successful and award winning coach.

Sheik is the head coach and technical director of the Singapore Silat Federation, nurturing Singapore’s future Silat champions. Under his charge, from 1999 to 2003, Singapore’s Silat exponents have brought home a total of 52 gold medals, 24 silver medals and 36 bronze medals from competitions around the world. At the 2004 World Silat Championships held in Singapore, his charges created history by winning four gold medals, surpassing Singapore’s best haul of two gold medals in 1994.

In recognition of his coaching excellence, Sheik was named the Coach of the Year by the Singapore National Olympic Council in 1999, 2001 and 2002. He is also two-time winner of the Singapore Sports Council’s Coaching Excellence Award, in 2002 and 2003.



Sheik has continued to actively promote Silat as a sport, coaching Silat at community clubs, resident committee centres, mosque and schools. Sheik also served as the President of GRASIO

Association and first Assistant Secretary of the Singapore Silat Federation. Last year, Sheik was the organising chairman for World Silat Championship held for the first time in Singapore.

Outside of Silat, Sheik is active in the community and grassroots. He has served as Deputy President for Weight Lifting Federation and committee member for the Singapore Martial Arts Instructors' Association (SMAIA) and the GCT Youth Award committee under Mendaki. For SMAIA, he is the organising chairman for 2005 All Styles Martial Art Championship. He has also helped raised funds for Pertapis and Siglap Community Club. Sheik has also served as an advisor and committee member for the Club HDB – Health Club Committee. In 2000, he received the Public Service Medal for his contributions to the community.



For his achievements in bringing the youth and community to significantly higher levels after being awarded the SYA, Mr Sheik Alau'ddin Yacoob Marican, PBM is conferred the Medal of Commendation 2005.