

SINGAPORE YOUTH AWARD 2010
SPORTS & ADVENTURE

MS YIP PIN XIU

“What matters most is not necessarily the outcome. It is the process, about giving your best to reach your goal and at the same time enjoying what you do.”



At the young age of 17, paralympian Yip Pin Xiu is already an inspiration. Born with muscular dystrophy, but armed with tenacity, resilience and a positive attitude, she has become one of Singapore’s top athletes. In recognition of her sporting excellence, Pin Xiu was named Sports Girl of the Year from 2005 to 2007 and conferred the National Colours Award from 2006 to 2008.

Pin Xiu made her debut in competitive swimming at the National Swimming Championships in 2004, when she was 12 years old. Within a year, she had won her first gold medals at a regional competition – the first Asia Paralympics Swimming Championship in 2005. She also struck gold at the Japan Paralympics Swimming Championship in 2007 and the ASEAN Para Games in 2008 and 2009, and pushed herself to a new world record at the second Asian Youth Para Games in 2009.



Pin Xiu distinguished herself as a world-class athlete when she won the first gold medal for Singapore, with a world record, at the Beijing 2008 Paralympic Games. The victory crowned her achievements at other international events, including gold medals at the World Wheelchair and Amputee Games in Brazil in 2005 and 2007, the British International Disability Swimming Championships in 2007 and the 21st International German Championships in 2007.

Beyond sporting achievements, Pin Xiu is actively involved in the community, giving inspirational talks and conducting demonstrative swimming events to advocate inclusiveness in sports. She was



Ambassador for the Boys' Brigade Charity Gift Box 2008 and Personality in the Total Defence Campaign 2008. In recognition of her contributions to the community, Pin Xiu was presented the Meritorious Service Medal BBM in 2008 and Her World Young Women Achievers Award in 2009.

For her indomitable spirit, excellence in sports and dedication to the community, Ms Yip Pin Xiu is conferred the Singapore Youth Award 2010.